One in every four girls and one in every six boys will be sexually abused before the age of 18.

Now imagine you are a sexually or physically abused child.

You feel totally alone. But you’re not.

You don’t care about the statistics. All you know is that it’s happening to you.


Wounded in the most profound way. By someone close. Even someone you love.

You don’t know what to do. Where to turn. Who to trust.

That’s why we’re here. We’re the CAC.

Be the One with Courage
It takes real courage for a child to disclose that they’re being abused. Be equally strong. If you even suspect that a child is being neglected or sexually or physically abused, do the right thing. Make a report.

REPORT CHILD ABUSE.
NH Division for Children Youth and Families
1-800-894-5533

Have a question? Contact us.
Cathy Brittis, MSW
CAC Program Manager
One Medical Center Drive
Lebanon, NH 03756
603-653-9012

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What is the CAC?

It’s a Place.
Our full name is the Child Advocacy Center of Grafton and Sullivan Counties at the Children’s Hospital at Dartmouth-Hitchcock. But you can just call us the CAC.

The CAC is a specially-designed, child-friendly facilities in Lebanon, Claremont and Littleton. They are places where child abuse victims can come to tell their stories, and the professionals involved in the investigation and management of these abuse cases come to listen. Each center has a quiet, simple interview room where the child talks with only one person, an interviewer sensitive to the needs of children, while also specially-trained in conducting interviews of children in a non-leading, fact-finding way. In a second room, you’ll find the team, watching the interview over closed circuit television as it takes place. These are the professionals who all have a critical role to play in the case and the welfare of that child.

It’s a team.

The CAC brings the team to the child, to tell their story once, where everyone can hear, in a place that feels safe, and maybe even kind of fun.

No one individual can successfully manage and investigate a child abuse case. The Team consists of law enforcement, conducting what are often long, frustrating and difficult investigations. Prosecutors whose job it is to hold offenders accountable. State child protection workers who provide needed services to the family, while assessing the child’s on-going safety. Health Care Professionals are available when medical attention is needed. Children and families are connected with local therapists to further the healing process. Victim Advocates are available to families from the beginning to the end of the case.

The Team meets monthly to review current cases, to keep communication open and flowing, and to talk about new ideas and best practices. The team is not about who did what, jurisdictional turf or getting the credit. It’s about the victims and their families. The professionals on the CAC team are all specialists in their given area of child abuse. Many have dedicated their lives to helping abused children.

It’s a commitment.
Child abuse does not just affect childhood. Child abuse can lead to a lifetime of pain and struggle. The CAC of Grafton and Sullivan Counties is committed to ensuring the safety and wellbeing of all children. We’re committed to reducing the effects of child abuse, both short and long term. We’re committed to strengthening families through providing services and support. And we’re committed to seeking justice for the victims by holding their offenders accountable.

CAC Team Members:
- County Attorney’s of Grafton and Sullivan Counties
- NH Department of Child Youth and Families (DCYF)
- Child Advocacy and Protection Program (CAPP) at Dartmouth Hitchcock Medical Center
- Law Enforcement Agencies in Grafton and Sullivan Counties
- West Central Behavioral Health
- Genesis
- White Mountain Mental Health
- The Support Center at Burch House
- Voices Against Violence
- Women’s Information Services (WISE)
- Turning Point Network
- And many others …

The CAC. For children and families to … Heal. Survive. Thrive.